

Curriculum Vitae

Dr. MONIKA SHARMA

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Career Objective:-

To be associated with an Organization where I can enhance my skills & knowledge. A front line challenging position to perform the best of my capacity and provide me scope for upward movement to be a successful person in terms of achievement & recognition.

Key Strengths:-

- ❖ Self- motivated and enthusiastic and Confident.
- ❖ Positive attitude.
- ❖ Good Communication skill.
- ❖ Endorsed with good organising & Leadership qualities.

Educational Qualification:-

- **Diploma in Guidance and Counselling from VMOU in the year 2020.**
- **B.Ed** in the Year 2013 from Kanoriya B.Ed. College, Mukundgarh, Jhunjhunu.
- **P.G.** in **Clinical Psychology** in the Year 2006.
- **B.A.** in (English Literature, Psychology & Drawing) from **M.L.S.U., Udaipur** (Raj.) in the Year 2002.
- Senior Secondary from **R.B.S.E., Ajmer** (Raj.) in the Year 1999.
- Secondary from **R.B.S.E., Ajmer** (Raj.) in the Year 1997.

Professional Qualification:-

- **Ph.D.** in the Year 2011.

Topic: “A Study of Psychological Variables of HIV Infected Males and Females & effect of Family Therapy on them”.

Professional Experience:-

- Presently working with Shree Bhawani Niketan Mahila Mahavidyalaya as a Assistant Professor from August 2015 to till now.
- Presently working with Maharani College as a Guest Faculty from 2021 to till now.
- Worked with Poddar International College, Jaipur as a Lecturer from August 2013 to June 2015.
- Worked with Pearson Clinical and Talent Assessment, Bangalore as a Examiner of Wechsler Adult Intelligence Scale (WAIS IV) from June, 2012 to December.
- Worked with Pearson Clinical and Talent Assessment, Bangalore as a Examiner of **WISC IV; RAVEN'S CPM/CVS; DST-J** from January, 2011 to July.
- HIV/AIDS Counselling in **Govt. Satellite Hospital, Udaipur** as a Master Trainer in the year 2010.

Projects/Training:-

- Worked with **Saksham, Jodhpur** as a **Supportive Supervisor** from February 2014 to March 2015 for strengthening Counselling skills of HIV Counsellors working with National AIDS Control Programme.
- Participated in 3 days '**Counselling Plus**' training with Saksham, Tata Institute of social Science, Mumbai at Department of Psychology, Jai Narayan Vyas University, Jodhpur (Rajasthan) from 31st January to 02 February, 2014.
- Participated in 2 days **Induction Training** Programmes for Supportive Supervisors held under the Global Fund Round -7, Counselling in Collaboration with Saksham, **Tiss**, Mumbai at Department of Psychology, Jai Narayan Vyas University, Jodhpur (Raj.) from 18th July to 19th July 2014.
- Participated **Special Training for 'Master Trainers'** on **Gender and Sex & Sexuality held under the Global Fund Round 7 , Counselling component, at Tata Institute of Social Sciences** conducted by **TARSHI in December, 2010.**
- Taken Sessions on “**Values & attitude of Link worker**” & “**Gender related issues of HIV/AIDS**” in international organization (**Aide et Action, Udaipur**) in August, 2010 as a **Resource Person.**

- Taken Sessions on **Counselling for Adolescents, Counselling Micro skills, Counselling for FSW, MSM and IDUs, Post test Counselling and Counselling Burnout** in Janardan Rai Nagar Vidhyapeeth, University, Udaipur in March, 2010 as a **Master Trainer**.
- Participated Refresher Training for **‘Master Trainers’** For HIV/AIDS Counselor **held under the Global Fund Round 7 , Counselling component**, at Jai Narayan Vyas University, Jodhpur {Rajasthan} in January, 2010.
- Conducted 11 days **STI Counselor Training** in Janardan Rai Nagar Vidhyapeeth, University Udaipur.
- Taken Sessions on **awareness of HIV/AIDS** of Govt. Teachers in **Vidhya Bhawan B.Ed. College, Udaipur** in August, 2009 as a **Resource Person**.
- Participated in Induction Training for **‘Master Trainers’** For HIV/AIDS Counselor Held under the **Global fund, Round – 7 Counselling Component**, organized by **TATA Institute of Social Science – Mumbai** in July, 2009.
- Taken Session on **Family Therapy to HIV/AIDS** in Induction Training on **HIV /AIDS Counselling**. The Training Programme was jointly organized by **Rajasthan State AIDS Control Society Jaipur and Udaipur School of Social work** as a **Resource Person**.
- Taken Sessions on **awareness of HIV/AIDS** in **Vidhya Bhawan B.Ed. College, Udaipur** in September, 2008 as a **Resource Person**.
- Worked in Project undertaken **Astron Hospital and consultant care Pvt. Ltd. Delhi** whom **CHAI (Clinton Foundation of HIV/AIDS)** has appointed for conducting a baseline study on HIV/AIDS services in India as a **Research Investigator** in October 2007.

Seminars/ Workshops Participation:-

- Participating in the Faculty Development Programme on “Perspectives on Modern Teaching Techniques – use of Case studies & Experimental Methods” at Shri bhawani Niketan Mahila P.G. Mahavidyalay, Jaipur Collaboration with ICFAI on 27th July 2022.
- Participated in the webinar on Assertiveness to Reduce Stress by Ms.Al Yasmin, a Personality Development Trainer, Tirunelveli on 28th June 2022.

- Attended the three days Webinar on the Topic “Gender Bias-Free Society held on 8th to 10th February 2021 organized by Department of Psychology, University Maharani College, Jaipur.
- Participated in the one day online workshop on Transtheoretical model for Behaviour Change organized by the Department of Psychology, M. L. S. University, Udaipur under RUSA on 8th May 2021.
- Attended National Workshop on Gyanotsav Rajasthan (2076) organised by Kandelwal Vaidya Girls Institute of technology and 'Shiksha Sanskriti Uthhan, New Delhi prant Jaipur on February 2020.
- Participated in 10th **National Conference of Indian Psychometric and Educational Research Association (IPERA)**, Patna on Positive Psychology and Holistic Health at Harprasad Institute of Behavioural Studies (HIBS), Agra on 1st October 2018 to 3rd October 2018.
- Attended National Seminar on “**Behavioural Challenges in Elderly People**” on January, 2008 Organized by **Indian Academy of Well Being**, Udaipur (Raj.) & **Department of Psychology, UGC Center for Women’s Studies, M.L.S.U.**, Udaipur.
- Attended workshop on “**Positive and Negative Emotions and their effect on personality**” conducted by **Prof. Aruna Broota**, on August, 2009 in **International Conference** at Udaipur.

Publications:-

- Presented paper entitled “A study of Mental health among working women” in National Seminar organized by Career Point University , Kota on 16th February 2024.
- Presented Paper entitled “The impact of Climate Change on Mental Health “in International Conference Organized by S.S. Jain Subodh College of Global Excellence, Sitapura, Jaipur on December 15th 2022.
- Presented Paper entitled "The relationship between human resource development and Job satisfaction" in National Conference Organized by Inspiration Research Association (IRA) and Shri Bhawani Niketan Girls P. G. College, Jaipur (Raj.) in September 29th to 30th, 2018.

- Presented Paper entitled “**Stress Management among Rural aged Males and Females**” in National Seminar Organized by Department of Psychology, Govt. Meera Girls College, Udaipur (Raj.) in December, 2010.
- Paper entitled “**Effect of Family Therapy on Depression among HIV Infected Persons**” published in The Book “Health Psychology” in December 2010.
- Presented Paper entitled “**Death anxiety among HIV Infected Males and Females**” in August 2009 in **Multidisciplinary International Conference** on theme “**Emerging Issues on Global Economic Scenario**” at Udaipur.
- Presented Paper on “**Life Satisfaction of HIV Infected and Non Infected Males & Females**” in **Indian Academy of Well Being**, Udaipur (Raj.)

Computer Proficiency:-

- **Post Graduate Diploma in Computer Science** from I.I.C.T. Udaipur in 2004.

Extra-Curricular Activity:-

- Awarded **Manovigyan Seva Ratan Puruskar 2024** from **Mano Matrix** Counselling Services ,Jaipur (Raj.)
- **Life Time Member of Indian Academy of Well Being**, Udaipur (Raj.)
- Bharat Scout and Guide Tratiya Sopan certificate.

Language:-

Languages : English, Hindi and Regional Languages.

Personal Information:-

- Father’s Name : Mr. B. L. Sharma
- Husband’s Name : Mr. Kapil Sharma
- Date of Birth : 29th May 1983
- Nationality: : Indian
- Sex : Female
- Marital Status : Married
- Permanent Add. : 54, Padmawati-B Colony, Kings Road, Nirman Nagar, Jaipur (Rajasthan), 302019.

References:-

Dr. Purna Puri

Professor at Department of Psychology,

University of Rajasthan, Jaipur (Raj.)

Cell: 829160482

Dr. Jyoti Singh

Assitant Professor at Psychology Department,

University of Rajasthan, Udaipur (Raj.)

Cell: 6378438085/8560050111

I hereby declare that all the information given above is true and to the best of my knowledge.

Date:

Place: Jaipur

(Monika Sharma)