

SHAILJA MINOCHA

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PROFESSIONAL WORK EXPERIENCE

- Presently working as HOD Home Science in Sri Bhawani Niketan P.G. Mahila Mahavidyalaya, Sikar Road, Jaipur from 2004 till date.
- Visiting Faculty in Maharani's College, Jaipur in Home Science Extension Education.
- Visiting Faculty in P.G. Department of Home Science, University of Rajasthan, Jaipur in the session 1996 – 1997 and from the session 2006 to 2013.
- Worked as Lecturer of Home Science in Akashdeep P.G. Girls College, Agarwal Farm, Jaipur for session 2001 – 2004.
- Worked as Lecturer of Home Science in Kanoria P.G. Mahila Mahavidyalaya, Jaipur on leave vacancy for the session 1999 – 2000.
- Worked in L.P.S. Girls College, Vidyawadi, Rani (Distt. – Pali) as Lecturer of Home Science for the session 1998 – 1999.

PROFESSIONAL QUALIFICATION

- ❖ Qualified NET – conducted by UGC, New Delhi in December 1997.
- ❖ Qualified SLET – conducted by RPSC, Ajmer in December 1997.

ACADEMIC PROFILE

Examination	Board / University	Year	Division	Percentage
M.Sc. Home Science Extension Education	University of Rajasthan, Jaipur	1996	First	79.50% <ul style="list-style-type: none">➤ 2nd Position in the University.➤ Distinction in four subjects
B.Sc. Home Science	Maharani's College, University of Rajasthan, Jaipur	1994	First	62.09%
Sr. Hr. Secondary	Board of Secondary Education, Ajmer	1991	First	60%
Secondary	Board of Secondary Education, Ajmer	1989	First	69.09% <ul style="list-style-type: none">➤ Distinction in three subjects

WORKED DONE IN ACADEMIC YEARS

I. Research Experience

S.No.	Title	Duration	Year
1	Research Work (1995-96) in the form of dissertation entitled “A Study on Child Care Practices (3-6 years) among the working mothers in the selected villages of Jaipur District”	1 Year	1995 – 96
2	To Develop a favourable concept regarding “Girl Childhood among the members of Anganwadi Centre” in the Malviya Nagar Slum Area, Jaipur	2 months	1996
3	“A Study on the extent of Poverty and its Causes” in the Jawahar Nagar Slum Area.	2 months	1995
4	“To Acquaint the mothers with the knowledge of supplementary feeding in Infants” in the Hamlet of Jobher (village)	2 months	1994

II. Paper Presentation in Seminar

- Breast Feeding – The Mainstay of Infant Nutrition.
- Newer Household Gadgets related to clothing – sewing machine.
- Effective Use of Audio – Visual Aids in the Class Room.

PAPER PUBLISHED

- “Quantitative Approach: Researches in Home Science “in the proceedings of National Seminar on Research in Social Sciences with special reference to Methodology and Statistical Techniques, sponsored by UGC, on 21 to 22 march 2015 at Bundelkhand Univ. ,Jhansi.
- ‘Self Help and Women Empowerment :Current issues and Concerns’ in the proceedings of National workshop on Women in the 21st Century: Gender Equality, Empowerment and Economic Growth on 21st December 2012 organised by Shri Khandelwal Vaish P.G.Girls College, Jaipur.
- “A Study on The Perceived Changes by the Women Of Selected Self Help Groups of Jaipur City” in the proceedings of International Conference on Extension Education

in the Perspectives of advances in Natural Resource Management in Agriculture on 19-21st December 2012.

- ‘Women Entrepreneurs of Self Help Group: Poverty to Prosperity’ in tsse proceedings of National Seminar on ‘Positioning Women Entrepreneurship In Changing Socio- Economic Milieu’ on 2 -3 February 2012 organized by Department of Home Science, U.O.R. Jaipur.
- “ Domestic Violence: A threat to Mental Health” in the proceedings of National Seminar on Domestic Violence and Women on 3rd – 4th December 2012.
- “Participatory Approach: mainstay of Communication” in Communication Today (quarterly Journal) vol.13,No.4(oct.-dec.,2011).

PAPER PRESENTATIONS

- ‘Communication – Participatory approach : A Social Approach” in the National Seminar on Personality Development and value based education on 20 – 21st February 2010 organized at Biyani’s Group of Colleges, Vidhyadhar Nagar, Jaipur.
- ‘Availability of and access to Nutritional and Health Services to the disadvantaged” in the National Seminar held at M.D.S. University, Ajmer on 31st December 1997.
- ‘Child Care Practices among working mothers in the villages of Rajasthan” in the National Seminar on Parental Behaviour and Child Development organized by PPCRA and Institute of Home Science, Agra on 24th September 1999.

RESOURCE PERSON IN DIFF. COLLEGES

- Delivered lecture on “ Importance of knowledge of First Aid in daily life” in Shri Khandelwal Vaish Girls College , Jaipur on 7 Feb. 2015.
- Delivered lecture on “ Eating habits among adolescents” in Shri Veer Balika P.G. Girls College, jaipur on 20th Jan. 2015.
- Delivered lecture on “Importance of Health for Adolescents” in Shri Khandelwal Vaish Girls College , Jaipur on 2nd Feb.2013.
- Delivered lecture on “Awareness and knowledge of general health precautions” in Mahatma Jyoti Rao Phoole University , Jaipur on 13 Feb.2013.
- Delivered lecture on “First Aid” in N.S.S. Special camp in Shri Bhawani Niketan P.G. Mahila Mahavidyalaya,Jaipur.

RESEARCH EXPERIENCE

S. No.	Title	Duration	Year	Funding Agency
1	A study on KAP of ‘Sarpanchs’ and ‘Panchs’ regarding literacy and health activities in the selected ‘Panchayat Samities’ of Jaipur District.	3 months	1998	STATE RESOURCE CENTRE (SRC)
2	Field Testing of Poster on Handwashing	1 week	1997	UNICEF
3	Field Testing of Poster on Diarrhoea Management	1 week	1997	UNICEF
4	Field Testing of Mamta Card (Designed by UNICEF & DWCD)	2 months	1997	UNICEF
5	Field Testing of Poster on Universal Primary Education	1 week	1997	UNICEF
6	Field Testing of Poster on Girl’s Education	1 week	1997	UNICEF
7	Pro Poor Participatory Mapping – Jaipur City	5 months	1996	UNICEF

PARTICIPATION IN CONFERENCES / WORKSHOPS/ RESEARCHER COURSE

- National Workshop for Faculty Development on “Tech Enabled Teaching” organized by Shri Vaishnav College of teacher's training, Indore from 19th July to 21st July 2021.
- International Training Series on “Healthy Workplace Initiative – Ergonomics” held on 21st June, 28th June and 5th July 2021 organized by Directorate of Research and All India Coordinated Research Project on Home Science, MPUAT, Udaipur.
- Expert Talk on “Scope and Career Opportunities in Print Media and Mass Communication” organized by College of Community and Applied Sciences MPUAT, Udaipur on 26th June 2021.
- Faculty Development Program on the “Academic and Management Skills” held by SRJ Government Girls PG College, Madhya Pradesh from 15th June to 19th June 2021.

- Faculty Development Program on “Effective Stress Management for Maximizing Human Productivity” conducted by Rama Devi women’s University. Odisha from 9th June to 13th June 2021.
- National Conference on “Socio – Cultural Dynamics in the Globalized World” organized by SBNMM, Jaipur and CARD, Mumbai on 31st Jan – 1st Feb 2020.
- National Workshop on “Prospect of Enrolment and Evocation in Home Science and Agriculture Education” as subject expert organized by Dept. of Home Sc., UOR, Jaipur on 18-19 Nov. 2019.
- National Conference on “Emerging Trends and Scope in Digital Banking” and International Seminar on “Global Economy” as a leader member in Venue Arrangement Committee organized by Inspira-IRA on 29-30 Sept. 2018.
- National Conference on “Prevention and Management of Non Communicable Diseases” organized by IIS University Jaipur on 08-09 January 2016.
- Workshop on “Formulation of M.A. Home Science syllabus in Department of Home Science, Univ. Of Raj., Jaipur on 16th and 17th March 2015.
- National Conference on “Holistic Human Devpt. – contribution of Multidisciplinary Research” held at Department of Home Science, Univ. Of Raj., Jaipur on 24 to 26th Feb. 2014.
- Workshop on “Food Habits, Changing Lifestyle and Nutritional Needs of Adolescents “on 19-20th September 2013 organised by National Institute of public Cooperation and child Development, Regional Centre, Indore.
- Workshop on ‘Revision of Home Science Syllabi of B.A., B.Sc. And M.Sc. Programmes’ on 15-16th February 2013 organised by P.G. deptt. Of H.Sc. U.O.R. Jaipur.
- International Seminar on” Interpreting Feminism vis-à-vis Activism” on 23-25 January 2013 organised by Kanoria P.G. Mahila Mahavidyalaya, Jaipur.
- National workshop on’ Research Methodology’ organized by Deptt. Of Statistics ,U.O.R. Jaipur.
- Workshop on Empowerment of Indian Women in 21st Century: Dynamics and Dimensions on 30th October 2012 organised by S.S. Jain Subodh P.G. Mahila Mahavidyalaya, Jaipur.
- UGC-Sponsored Refresher Course in Home Science From 13th August – 1st September 2012 in Academic Staff College, U.O.R. Jaipur.

- Seminar on ‘Application of Public Health and Nutrition Sciences in Community Development Programme’ organized by Community Development programme Cell SAP, Deptt. Of Home Science U.O.R. Jaipur on 30th September 2011.
- Seminar on ‘Strengthening of Nutrition and Health Cell’ organized by Nutrition and Health Cell,SAP, Deptt. Of Home Science U.O.R. Jaipur on 17th September 2011.
- Workshop on ‘Updating of M.Sc. Home Science Syllabus’ in the Department of Home Science on 12 – 14th July 2011.
- 21st All india Conference of Rajasthan Political Science Association on 7 -9 January 2011 organised by Shri Bhawani Niketan P.G. girls College,Jaipur.
- Workshop on ‘Design Awareness’ in 2009 organized by Arch Academy of Design, Jaipur.
- Two days workshop on ‘Research Methodology in Social Sciences’ organized on 28 – 29th July 2008 organized by Department of Adult Continuing Education, University of Rajasthan, Jaipur.
- National Seminar on ‘Environment on Natural Research and Sustainable Development’ on 18 – 19 December 2004.
- Workshop Seminar on ‘Ecological Aspects of Nutrition, Health and Development of Rural Families’, January 1996, CCS Haryana Agricultural University, Hissar.
- Workshop in ‘Psycho-Education Development of Children’, August 1995.
- ‘Science Congress’, January 1995.
- Indian Science Association Conference Exhibition in January 1994.

EXTRA CURRICULAR ACTIVITIES

- Talk on “social parenting style are responsible factors for stress in students” in Dainik Navjyoti 2016 (Daily Newspaper).
- Field work in social issues for the development of the urban as well as rural community since 2013 till date.
- Co-ordinating extension lectures on academic and non academic developmental issues in the college .
- Worked as Rapporteur in the following Seminar / Workshop.
 - (i) State Level Workshop on “Vasectomy” organized by SIHFW, Jaipur on 1st May 1998.
 - (ii) State Level Meet on “Prevention of Child Prostitution and Formulation of the Strategies Against The Same” organized by SIHFW and Directorate of Social Welfare, Jaipur on 5th March 1998.
 - (iii) State Level Meet on “Reproductive Health, Empowerment and Population Policy” organized by SIHFW, Jaipur on 21st February 1998.
- Voluntary participation in publicizing and organizing exhibition on ‘UNICEF’ activities in Jawahar Kala Kendra, Jaipur in July 1997.
- Participated in organizing the Symposium on “Communication on Women Empowerment” in P.G. Department of Home Science, University of Rajasthan, Jaipur in April 1997.

DECLARATION

I hereby declare that all the statements made in C.V. are true, complete and correct to the best of my knowledge and belief.